

# **SING! SING! SING!**



**#2**

## **ALABAMA AOSA, 2024**



**ARTIE  
ALMEIDA  
CLINICIAN**



# One Finger Kept Moving

# One Finger Kept Moving

**One finger, one finger  
Kept moving, kept moving, kept moving.  
One finger, one finger kept moving,  
Hi ho! Hi ho! Hi ho!**

**One finger, two fingers  
Kept moving, kept moving, kept moving.  
One finger, two fingers kept moving,  
Hi ho! Hi ho! Hi ho!**

**One finger, two fingers, one elbow  
Kept moving, kept moving, kept moving.  
One finger, two fingers, one elbow kept moving,  
Hi ho! Hi ho! Hi ho!**

**One finger, two fingers, one elbow, two elbows  
Kept moving, kept moving, kept moving.  
One finger, two fingers, one elbow, two elbows  
kept moving,  
Hi ho! Hi ho! Hi ho!**

**One finger, two fingers, one elbow, two elbows,  
One foot kept moving, kept moving, kept moving.  
One finger, two fingers, one elbow, two elbows,  
One foot kept moving,  
Hi ho! Hi ho! Hi ho!**

**One finger, two fingers, one elbow, two elbows,  
One foot, two feet kept moving, kept moving,  
Kept moving.**

**One finger, two fingers, one elbow, two elbows,  
One foot, two feet kept moving,  
Hi ho! Hi ho! Hi ho!**

**One finger, two fingers, one elbow, two elbows,  
One foot, two feet, one head kept moving,  
Kept moving, kept moving.**

**One finger, two fingers, one elbow, two elbows,  
One foot, two feet, one head kept moving,  
Hi ho! Hi ho! Hi ho!**

**One finger, two fingers, one elbow, two elbows,  
One foot, two feet, one head, one bootie  
Kept moving, kept moving, kept moving.  
One finger, two fingers, one elbow, two elbows,  
One foot, two feet, one head, one bootie  
Kept moving,  
Hi ho! Hi ho! Hi ho!**

Vocal



ACC





# One Finger Kept Moving



One finger, one finger kept moving,  
kept moving, kept moving.  
One finger, one finger kept moving.  
Hi ho! Hi ho! Hi ho!





One finger, two fingers kept moving,  
kept moving, kept moving.  
One finger, two fingers kept moving.  
Hi ho! Hi ho! Hi ho!



One finger, two fingers, one elbow kept moving,  
kept moving, kept moving.  
One finger, two fingers, one elbow kept moving.  
Hi ho! Hi ho! Hi ho!





One finger, two fingers, one elbow,  
two elbows kept moving, kept moving, kept moving.  
One finger, two fingers, one elbow,  
two elbows kept moving.  
Hi ho! Hi ho! Hi ho!





One finger, two fingers, one elbow, two elbows,  
one foot kept moving, kept moving, kept moving.  
One finger, two fingers, one elbow, two elbows,  
one foot kept moving.  
Hi ho! Hi ho! Hi ho!



One finger, two fingers,  
one elbow, two elbows,  
one foot, two feet kept moving,  
kept moving, kept moving.  
One finger, two fingers, one elbow,  
two elbows, one foot,  
two feet kept moving.  
Hi ho! Hi ho! Hi ho!







One finger, two fingers, one elbow,  
two elbows, one foot, two feet, one head kept moving,  
kept moving, kept moving.

One finger, two fingers, one elbow, two elbows,  
one foot, two feet, one head kept moving.  
Hi ho! Hi ho! Hi ho!







One finger, two fingers, one elbow,  
two elbows, one foot, two feet, one head, one bootie  
kept moving, kept moving, kept moving.  
One finger, two fingers, one elbow, two elbows,  
one foot, two feet, one head, one bootie kept moving.  
Hi ho! Hi ho! Hi ho!



# One Finger Kept Moving

Intro 1 Bar Traditional, arranged Artie Almeida

The musical score is written on four staves in 6/8 time, with a key signature of one flat (Bb). The melody is simple and repetitive, featuring eighth and quarter notes. The lyrics are written below the notes, with hyphens indicating syllables that span across multiple notes. The first staff begins with an 'Intro 1 Bar' and ends with the word 'kept'. The second staff continues the melody and ends with 'Hi'. The third staff includes exclamations 'ho! Hi ho! Hi ho!' followed by 'One fin - ger, two fin - gers kept'. The fourth staff concludes the phrase with 'mov - ing, kept mov - ing, kept mov - ing. One'.

One fin - ger one fin - ger kept mov - ing, kept mov - ing, kept

mov - ing. One fin - ger one fin - ger kept mov - ing. Hi

ho! Hi ho! Hi ho! \_\_\_\_\_ One fin - ger, two fin - gers kept

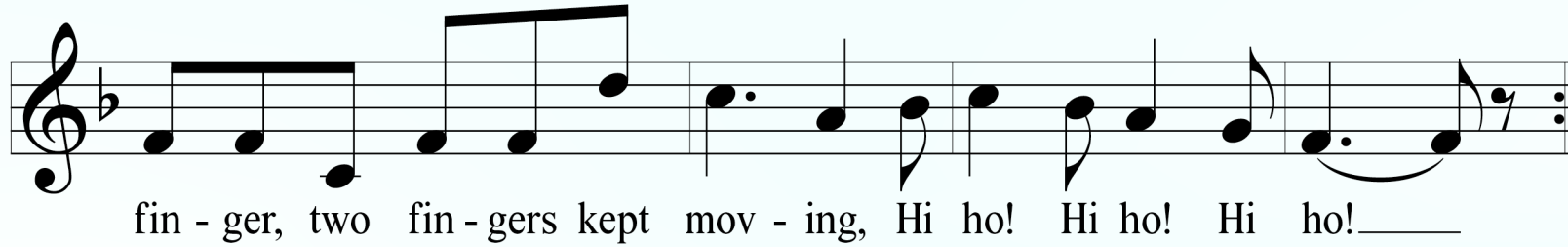
mov - ing, kept mov - ing, kept mov - ing. One

Vocal



ACC





**Verse 3:** One finger, two fingers, one elbow kept moving...

**Verse 4:** One finger, two fingers, one elbow, two elbows kept moving...

**Verse 5:** One finger, two fingers, one elbow, two elbows, one foot kept moving...

**Verse 6:** One finger, two fingers, one elbow, two elbows, one foot, two feet kept moving...

**Verse 7:** One finger, two fingers, one elbow, two elbows, one foot, two feet, one head kept moving...

**Verse 8:** One finger, two fingers, one elbow, two elbows, one foot, two feet, one head, one bootie kept moving...



# There's a Spider on the Floor by Bill Russell

C7 F C7

There's a spi-der on the floor, on the floor. There's a spi-der on the floor on the

F B $\flat$  rall. F

floor. There's a spi-der on the floor. He just walked right in the (door) There's a

B $\flat$  C F rall. B $\flat$  C7 F

spi-der on the floor, on the floor. Yes, floor rhymes with door.



**The Hawaiian Happy Spider**



**The South American Goliath Birdeater Spider**



**The Dracula Spider**



**The Sparklemuffin Spider**



**The Scuba Spider**



**The Poopy Spider**



# Spider Facts

- **Spider Population:** An estimated 1 million spiders live in one acre of land. The number might be closer to 3 million in the tropics. It is estimated that a human is never more than 10 feet away from a spider—ever. 😬
- **Spider Diet:** Spiders eat more insects than birds and bats combined.
- **World's Biggest Spider!** The world's biggest spider is the goliath spider (*Theraphosa blondi*). It can grow up to 11 inches wide, and its fangs are up to one inch long. It hunts frogs, lizards, mice, and even small snakes and young birds.
- **Spider Dating:** Some male spiders give dead flies to the females as presents. 😬
- **Spider Medicine:** Hundreds of years ago, people put spider webs on their wounds because they believed it would help stop the bleeding. Scientists now know that the silk contains vitamin K, which helps reduce bleeding!
- **Amazing Spider Silk:** A strand of spider silk long enough to encircle Earth would weigh just over a pound!
- **Spider Venom:** The venom of the female black widow is 15 times more powerful than the poison of a rattlesnake! 😬



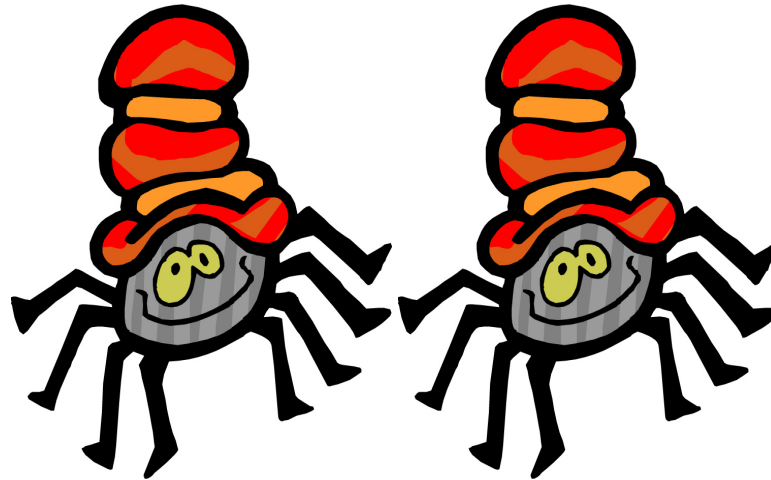
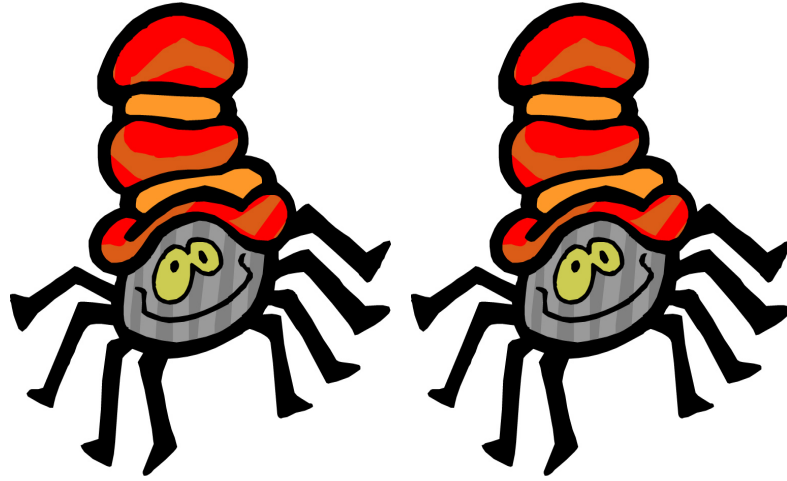
**Where**

*there's*

**passion,**

*there's*

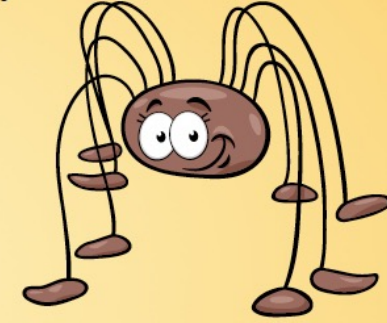
**retention.**





# There's a Spider on the Floor *by Bill Russell*

1. Floor – he just walked right in the door
2. Toes – and he's wiggling his nose
3. Knee – he used to live up in a tree
4. Thigh – and he's only got one eye!
5. Belly – eating peanut butter and jelly
6. Neck – he makes me feel like a wreck!
7. Ear – he's so big I can hardly hear.
8. Hair – I think he's dancing way up there.
9. Back – eating a little snack
10. Tush – if I roll over, he's gonna go smush!



Coda – Now there's a spider on the floor, on the floor.

(Repeat)

There's a spider on the floor ... 'cause we're not gonna sing any more ... There's a spider on the floor, on the floor. Yes, floor rhymes with door.























# LONG LEGGED SAILOR

A  
SILLY  
SONG  
WITH  
BODY  
PERCUSSION



# Long Legged Sailor



2 bar intro

Traditional

Have you ev - er, ev - er, ev - er in your long leg - ged life seen a

long leg - ged sail - or with a long leg - ged wife?

No, I've nev - er, ev - er, ev - er in my long leg - ged life seen a

long leg - ged sail - or with a long leg - ged wife?











**skeeter**



**Baby**

**Pickle**



**Tuba**

**Pizza**



**Eyeball**

**Cockroach**



# **CLASSROOM TRANSFERS**

**\* CREATE A NEW SILLY WORD WITH  
YOUR PARTNER**

**• SUGGEST ONE FUN CHANGE IN THE  
BODY PERCUSSION PATTERN**







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Artie Almeida



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**DON'T FORGET  
TO HAVE FUN WITH  
YOUR STUDENTS.  
DANCE. SING. ACT.  
DRESS UP. BE SILLY. LAUGH.  
REMEMBER,  
THEY ARE ONLY LITTLE ONCE.**

MISS DECARBO 



## **About the Clinician**

Dr. Artie Almeida has 37 years of public-school teaching experience and was the music instructor at Bear Lake Elementary in Apopka FL, where she taught 1200 K-5 students. Her dynamic performing groups have performed for FMEA, AOSA (Tampa), MENC, Walt Disney World, many educational organizations and on the NBC Today Show. For the last 35 years she has traveled to provide elementary music symposia to teachers around the globe. Each year she presents workshops for many state MEAs, Orff chapters, school districts and other education organizations.

Artie's accolades include Florida Music Educator of the Year, Runner-Up for Florida Teacher of the Year, Seminole County Teacher of the Year, International Educator 2006 (Cambridge UK Biographical Society), school level Teacher of the Year six times, and University of Central Florida Alumni of the Decade. Artie is included in the publications Who's Who in American Education and Great Minds of the 21<sup>st</sup> Century.

Artie's 29 publications celebrate innovative delivery systems for K-5 music instruction. Her themes in teaching are "Heavy Academics: Delivered Joyfully!" and "Where There's Passion, There's Retention!" Artie was an adjunct professor of music education at the University of Central Florida for 35 years, the saxophone instructor at Valencia State College, the music and movement instructor at Seminole State College and a saxophone performer and teacher. Additionally, she performed early music with Ars Antiqua and the Halifax Consort.