



PERCUSSIVE POSSIBILITIES

**ARTIE ALMEIDA, CLINICIAN
PUTNAM COUNTY 2024**

**Grades
K-5**

Woods, Metals, Shakers, Skins

Hoop Group Activities

**for Your
Active
Music Room**





Woods, Metals, Shakers, Skins

Hoop Group Lessons

Timbre Talk (Grades 3–5)

Timbre Time (Grades K–3)

B-I-N-G-O (Grades 1–5)

Play Percussion (Grades 2–5)

Body Percussion to Non-Pitched Percussion (Grades 2–5)

Time to Play Percussion (Grades K–2)

A Sailor Went to Sea (Grades 2–4)

Alexander and the Terrible, Horrible, No Good, Very Bad Day (Grades 1–4)

I-M-P-R-O-V-I-S-E (Grades 3–5)

Rhythms and Rhymes (Grades 3–5)

Tony Chestnut (Grades 3–5)

Old Brass Wagon (Grades 3–5)

Hoop Group Routines with Recorded Music

When the Saints Go Marching In (Grades K–3)

The Chicken Dance (Grades K–5)

The Hamster Dance (Grades K–3)

Get Ready for This (Grades 3–5)

The Archies: Sugar, Sugar (Grades 3–5)

Purcell: Entrada from *The Indian Queen* (Grades 2–5)

Tchaikovsky: Trepak from *The Nutcracker Suite* (Grades 3–5)

Anderson: The Syncopated Clock (Grades 3–5)

Brahms: Hungarian Dance #5 (Grades 3–5)

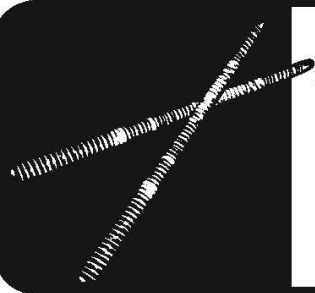
Anderson: Bugler's Holiday (Grades 3–5)











WOOD



METAL

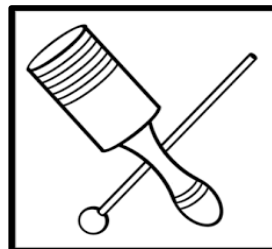
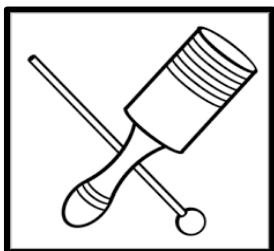


SHAKER



SKIN

WOODS



METALS



SHAKERS



SKINS



You see children **playing instruments,**

I see:

Following directions

Teamwork

Choice-making

Joint attention

Listening skills

Engagement

Independence

Sensory input

Turn-taking

Fine motor skills

Gross motor movements

Basic concept learning

and much more!

#MusicTherapyGoals

#AlliedHealthProfession

#BoardCertifiedMusicTherapist

MusicTherapyEbooks.com

Timbre Talk — Quick Glance

1. Teacher speaks WOODS poem, *all* students speak WOODS poem
2. Woods ECHO FOUR RHYTHMS played by teacher (on a wood timbre instrument)
3. Woods IMPROVISE four measures (16 beats).

4. Teacher speaks METALS poem, *all* students speak poem
5. Metals ECHO FOUR RHYTHMS played by teacher (on a metal timbre instrument)
6. Metals IMPROVISE four measures (16 beats).

7. Teacher speaks SHAKERS poem, *all* students speak poem
8. Shakers ECHO FOUR RHYTHMS played by teacher (on a shaker timbre instrument)
9. Shakers IMPROVISE four measures (16 beats).

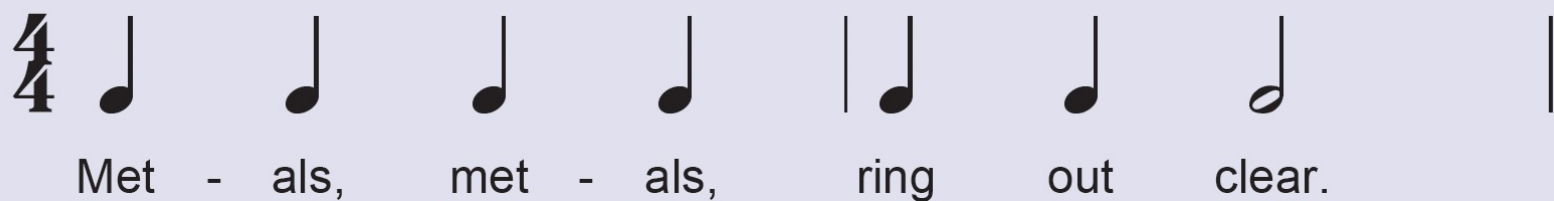
10. Teacher speaks SKINS poem, *all* students speak poem
11. Skins ECHO FOUR RHYTHMS played by teacher (on a skin timbre instrument)
12. Skins IMPROVISE four measures (16 beats).

Timbre Talk — Woods



1. Teacher performs the poem
2. All students speak the poem
3. Woods echo four rhythms
4. Woods, it's time to improvise! (4 measures)

Timbre Talk — Metals



1. Teacher performs the poem
2. **All students** speak the poem
3. **Metals** echo four rhythms
4. **Metals**, time to improvise! (4 measures)

Timbre Talk — Shakers



Shak - ers, shak - ers, lots of fun to play!



Mov - ing parts, loose stuff, here is what they say.

1. Teacher performs the poem
2. **All students** speak the poem
3. **Shakers** echo four rhythms
4. **Shakers**, time to improvise! (4 measures)

Timbre Talk — Skins



Drums, drums, heads made of skin.



Tap the head to make the sound. Let the fun be-gin!

1. Teacher performs the poem
2. All students speak the poem
3. Skins echo four rhythms
4. Skins, it's time to improvise! (4 measures)

Trepak

A

1x: Woods

2x: Woods Metals

3x: Woods Metals Shakers

4x: Woods Metals Shakers Skins



B

Woods

Metals

Shakers

Skins



Interlude

Skins



A

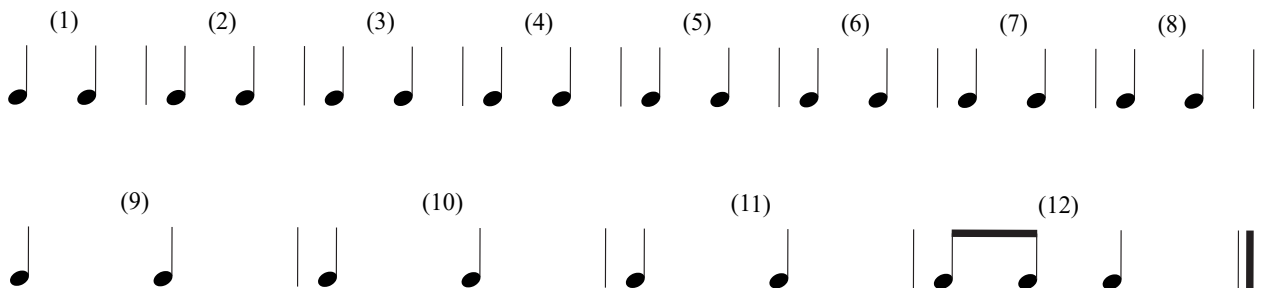
1x: Woods Metals

2x: Woods Metals Shakers Skins



Coda

All



Hungarian Dance #5

A

Woods Metals Shakers Skins

Woods Metals Shakers Skins All

B

All

C

Metals Shakers Woods Skins

Metals Shakers Woods Skins

4x: Metals Shakers Woods Skins

A

Woods Metals Shakers Skins

Woods Metals Shakers Skins All

B

All

Coda

Alexander and the Terrible, Horrible, No Good, Very Bad Day

1



Ter - ri - ble,

2



hor - ri - ble,

3



no good,

4



ver - y bad

5



day!



Grades K-

Percussion Parade



Artie Almeida



Percussion Parade

Drums

Kids love percussion instruments and you'll love the musicality and skills that are developed with these engaging lessons!

Crazy Eights: Hand Drums or Large Drums (Grades 3–5)

Rocky Mountain Drum Game: Body Percussion and Hand Drums (Grades 3–5)

Two Is Company: Hand Drums (Grades 3–5)

Lemonade Crunchy Ice: Clapping Game and Hand Drums (Grades 3–5)

Icka Backa: Body Percussion and Hand Drums (Grades 2–5)

P-E-R-C-U-S-I-O-N: A Friendly Drum Battle (Grades 4–5)

Down the Line, Soundin' Fine: Large Drums (Grades 3–5)

Meter Mash-Up: Large Drums or Hand Drums (Grades 2–5)

Best Day of My Life: Large Drums (Grades 3–5)

Quadraboom: Four Graduated Sizes of Hand Drums (Grades 3–5)



Assorted Non-Pitched Percussion

Non-Pitched Percussion is affordable, accessible, and a powerful tool in a general music classroom!

Freeze, Pleeze: Marching Band Freeze Game (Grades K–3)

Pass the Timbre Hammer: Instrument Identification Game (Grades K–5)

Percussion Parade: Non-Pitched Percussion Marching Band (Grades K–3)

Here Are Quarter Notes: A Hoop Group Lesson on Timbre (Grades 3–5)

Primo Vere: V. Ecce Gratium: Non-Pitched Percussion Score (Grades 2–5)

Music for the Royal Fireworks: Non-Pitched Percussion Processional (Grades K–5)

Tony Chestnut: Motions and Non-Pitched Percussion (Grades 3–5)

Old Brass Wagon: Body Percussion and Non-Pitched Percussion (Grades 3–5)

Happy: Rhythm Reading (Grades 1–5)

Non-Traditional Percussion Instruments

Mix things up with these unusual sound sources that are very motivational for young students!

Who Let the Dogs Out: Plates (Grades K–3)

Hungarian Dance #5: Plates (Grades 3–5)

Everything Is Awesome: Plates (Grades 3–5)

Popcorn: Kickballs (Grades 3–5)

National Emblem: Kickballs (Grades 3–5)

Surfin' USA: Kickballs (Grades 3–5)

Dynamite: Kickballs (Grades 3–5)

A group of people, mostly women, are gathered in a large indoor space, likely a gymnasium, participating in a hand drumming activity. They are holding red and white hand drums and are in various poses, some with arms raised. The floor is polished wood with yellow and blue lines. In the background, there are basketball hoops and other people sitting on the floor.

ALBERTA CANADA ORFF CHAPTER

**TWO IS COMPANY:
A HAND DRUM MIXER**

Two Is Company

A Section Visual



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VOICE CHOICES

SOFT / LOUD

HIGH / LOW

MAD / SAD

SING-SONG

ROBOT

SCARY / SILLY

CREATE YOUR OWN!



Two Is Company

Two-Person Drum Score

The musical score is written in 4/4 time and consists of three staves. The first staff, 'Clap Partner's Hand', shows a sequence of claps on the 2nd and 4th beats of each measure. The second staff, 'Partner's Drum', shows a sequence of drum hits on the 2nd and 4th beats of each measure. The third staff, 'Your Own Drum', shows a sequence of drum hits on the 1st, 2nd, and 4th beats of each measure, with a 'Ti - Ti - Ta' rhythm pattern on the 3rd beat of each measure.

Clap Partner's Hand

Partner's Drum

Your Own Drum

Clap

Theirs

Yours

Ti - Ti - Ta

Two Is Company

Three-Person Drum Score

Drum to Left

Drum to Right

Your Own Drum

Left

Right

Yours

Yours

Yours

Yours

Yours

Ti - Ti - Ta.

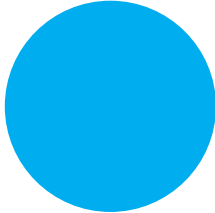
Body Percussion Diagram

for Rocky Mountain Drum Game

Here's where you'll pat on each measure:

1

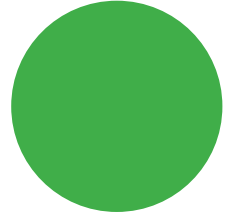
Your friend on the left



Your legs

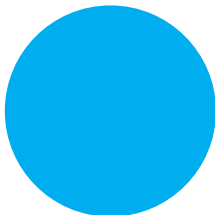


Your friend on the right

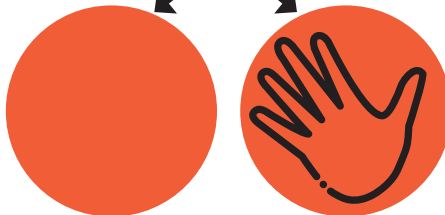


2

Your friend on the left



Your legs

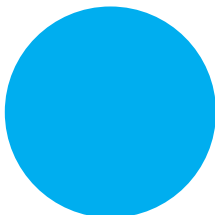


Your friend on the right



3

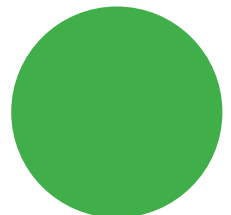
Your friend on the left



Your legs

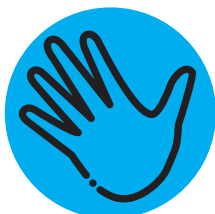


Your friend on the right

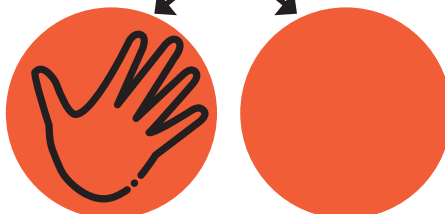


4

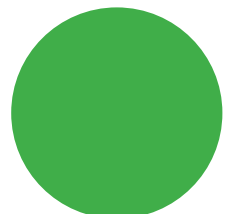
Your friend on the left



Your legs



Your friend on the right









Surfin' USA

Kickball Score



Introduction



Section 1 Bounces and Smacks

0:03
"ocean"



Bounce on ground

Smack hand-to-hand

Bounce

Smack

"you'll catch
'em surfin'..."

Section 2 Trade, Catch, Hold—8x

0:27
"Del Mar"



Trade, catch, hold.

Trade, catch, hold.

Trade, catch, hold.

Trade, catch, hold.

On the repeat, you may choose to skip these two notes so students can sit down for Hand Jive.

Section 3 Hand Jive: 4-measure pattern, 3x, then stand and prepare.

0:57
"Route"



Pat

Pat

Clap

Clap

Scissors

Reverse
Scissors

Hammers

Reverse
Hammers

Hitchhike,

Hitchhike

Other Side

Remain standing and place kickball between feet OR sit on the kickball.
After 3 times, stand and face partner.

Section 4 Trade, Catch, Hold—8x

1:15
"Swami's"



Trade, catch, hold.

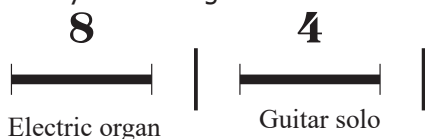
Trade, catch, hold.

Trade, catch, hold.

Trade, catch, hold.

Section 5 Freestyle Dribbling

1:38



Electric organ

Guitar solo

Dribble...

- ♦ while turning in a circle
- ♦ in and out of legs
- ♦ while kneeling
- ♦ while lying down
- etc.

Coda Bounces and Smacks

1:58
"Surfin'"



Bounces

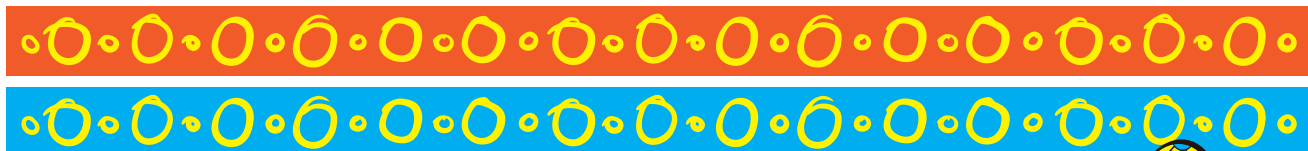
Smacks

16 measures, fading out in the last 6 measures. Finish as a statue.

Surfin' USA

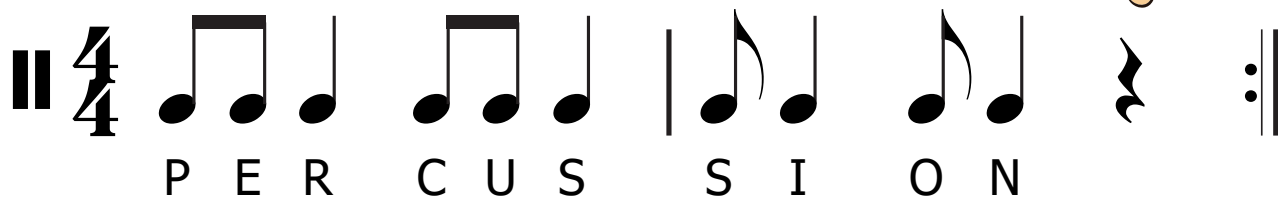
1. Bounces and Smacks
2. Trade, Catch, Hold
3. Hand Jive
4. Trade, Catch, Hold
5. Freestyle Dribbling
6. Bounces and Smacks
(Fade Out)
Statue!





P-E-R-C-U-S-S-I-O-N

Level One



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P-E-R-C-U-S-S-I-O-N

Level Two

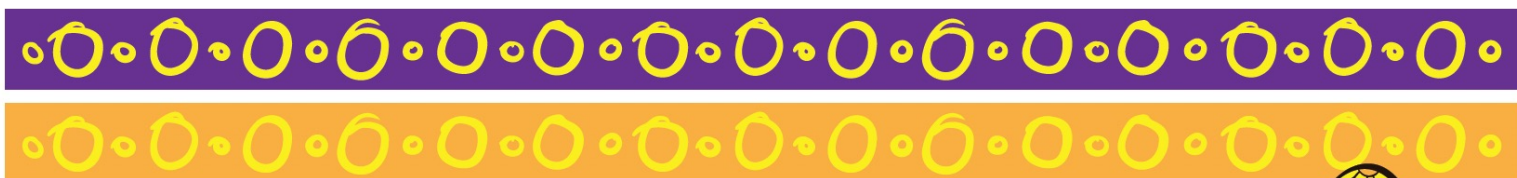


4/4 P E R C U S S I O N



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P-E-R-C-U-S-S-I-O-N

Level Three

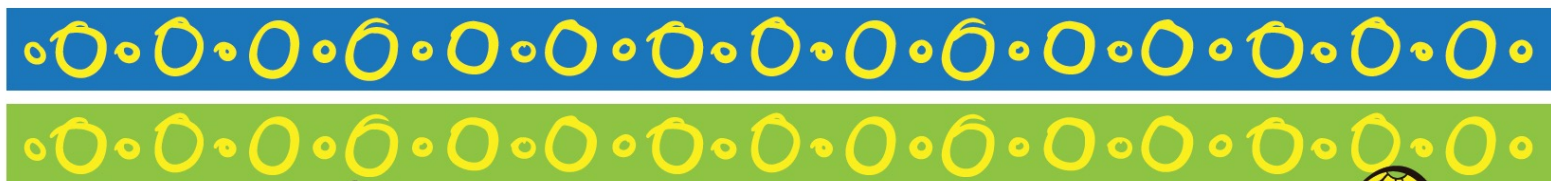


4/4 P E R C U S S I O N



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P-E-R-C-U-S-S-I-O-N

Interlude



Improvise 4 measures – Improvise 4 measures
 Improvise 2 measures – Improvise 2 measures



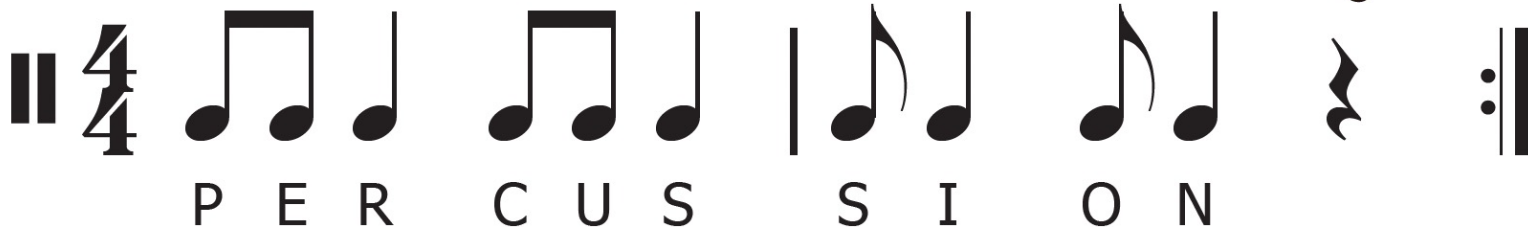
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P-E-R-C-U-S-S-I-O-N

Coda



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About the Clinician

Dr. Artie Almeida has 38 years of public-school teaching experience and was the music instructor at Bear Lake Elementary in Orlando FL, where she taught 1200 K-5 students. Her dynamic performing groups have performed for Florida Music Educators Association, American Orff-Schulwerk Association, Music Educators National Conference, Walt Disney World, American Express International, many educational organizations and on the NBC Today Show. For the last 35 years she has traveled to provide elementary music symposia to teachers around the United States, as well as in Canada, Singapore and Taiwan. Each year she presents workshops for many state music education conferences, Orff chapters, school districts and other education organizations.

Artie's accolades include Florida Music Educator of the Year, Runner-Up for Florida Teacher of the Year, Seminole County Teacher of the Year, International Educator 2006 (Cambridge UK Biographical Society), school-level Teacher of the Year six times, and University of Central Florida Alumni of the Decade. Artie is included in the publications Who's Who in American Education and Great Minds of the 21st Century.

Artie's 32 music education publications celebrate innovative delivery systems for K-5 music instruction. Her themes in teaching are "Heavy Academics: Delivered Joyfully!" and "Where There's Passion, There's Retention!"

Artie was an adjunct professor of music education at the University of Central Florida for 34 years, the saxophone instructor at Valencia State College, the music and movement instructor at Seminole State College and a saxophone performer and teacher. Additionally, she performs early music with Ars Antiqua and the Halifax Consort.