



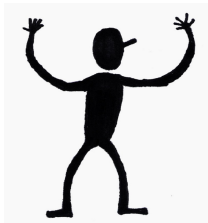
**ARTIE'S  
EXTRAS**

**FOCUS  
ON  
FORM**

**POPCORN  
&  
FREEZE  
GAME**



**LET'S FOCUS ON LONG AND SHORT  
PHRASES WITH ...**



**THE FREEZE GAME !**

**AVAILABLE AS A SINGLE DOWNLOAD  
FROM [WWW.MUSICK8.COM](http://WWW.MUSICK8.COM)**

### Introduction – 8 measures

**A**

Move for two measures/Freeze for two measures (four sets)

**B**

Move–move–move–move–freeze (four sets)

**A**

Move for two measures/Freeze for two measures (four sets)

**B**

Move–move–move–move–freeze (four sets)

**A**

Move two measures/Freeze two measures (4 sets) –  
**FREEZE!**

