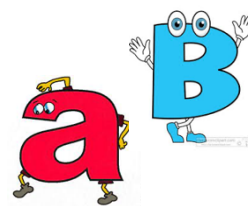




FOCUS ON FORM

City of St. Charles School District

Clinician: Artie Almeida, Ed.D.



1. La Raspa: Stretchy Band & Pop Toobs

Note: If no stretchy band is available, this lesson can be done with a parachute.

Recording of La Raspa: There are numerous recordings of *La Raspa* on iTunes, Apple Music, Spotify, etc. This fabulous, *extensive* Rondo recording is by **Mariachi Nuevo Tecalitlan**.

Focus: Rondo Form, Mariachi Music, Long & Short Phrases, Steady Beat, Quarter Notes & Rests

Process: Refer to the downloadable visual for movement details of each section of the rondo. For added aural support, add Pop Toobs (mounted on horizontally-held drumsticks) on quarter notes of each A Section. *Beware uneven phrases in E Section!*

2. The Wellerman – A Kickball (or Basketball) Routine

Source: Almeida

Focus: Steady Beat, Form, Phrases, Non-Traditional Instruments

Materials: Recording of *The Wellerman*, **performed by Nathan Evans**, Downloadable Projectable Visual of Kickball Routine, Kickballs or Playground Balls for the instructor and each student.

Process: Refer to the detailed Directions and the Form Visual of the piece, provided in the Projectable Visual.

3. Surfin' USA: A Kickball (or Basketball) Routine

Source: *Percussion Parade* book by Almeida

Focus: Form, Note Values, Non-Traditional Percussion Instruments

Process: I teach this lesson over the course of two class sessions, which adds a nice comfort level for the students. Emphasize safety with the kickballs (not throwing above head due to light fixtures, etc). Practice each section, spending extra time on the **Trade-Catch-Hold** and **Hand Jive** segments. If students are not comfortable sitting on the kickballs (or rubber playground balls) for hand jive, instruct them to remain standing, placing the ball between their feet. Basketballs also work well for students who are not petite.

4. The Wild Horseman (Schumann) – An Epic Stick Horse Adventure!

Focus: AABA Form. From *Parachutes, Ribbons and Scarves* by Almeida. **Process:** Use horsey finger puppets to demo first time. Divide into two groups. Establish a barn on each side of room. One group rides for A, other B. Trade jobs. The last time, all children ride on each A and let horses graze on the B.

5. Stickman!

Stick Figure Mirroring Activities: Individuals, Partners, Trios, Quartets.

Created by Marie Boyett. I share it with you with her permission. ☺

