



**MOVING TOWARD MASTERY  
IN KID-FRIENDLY WAYS!**

**ARTIE ALMEIDA, CLINICIAN  
UMHB ARTS ACADEMY**

**DON'T FORGET  
TO HAVE FUN WITH  
YOUR STUDENTS.  
DANCE. SING. ACT.  
DRESS UP. BE SILLY. LAUGH.  
REMEMBER,  
THEY ARE ONLY LITTLE ONCE.**

MISS DECARBO 

The background of the slide features two musical staves with a variety of colorful notes (yellow, pink, blue, green, orange) and a treble clef on the left. The notes are arranged in a wavy pattern across the staves.

Sevens

1-2-3-4-3-2-1

Directions on Page 3

The background of the slide features two musical staves with a variety of colorful notes (yellow, pink, blue, green, orange) and a treble clef on the left. The notes are scattered across the staves, creating a vibrant, musical atmosphere.

Sevens

A-B-C-D-C-B-A

Directions on Page 3

# Sevens

## Body Percussion Lesson with Drum Transfer

*(YouTube: Search Clapping Games, then Sevens. Two girls demo the patterns.)*

The form is A-B-C-D-C-B-A

- First time= BP
- Second time = add drums



Our speech cues as we're learning:

**Section A: 1-2-3-4-5-6-7 (repeat) (Pat Laps)**

**Section B: 1-and-2-and-3-and-4 (repeat) (Alternate Pats/Claps)**

**Section C: 1-2-3-1-2-3-1 (repeat) Pat/Clap/Snap/Pat/Clap/Snap/Pat)**

**Section D: Criss Cross-1-2-3-2-1 (repeat) (Pat/Cross Pat/Pat/Clap/Snap/Clap/Pat)**

*Ask students to create a new Section E and share with classmates.*

*Tempo  
Poems*



*Adagio*



*Adagio,  
Adagio,  
Adagio  
means  
slow...*

Moderato



*Moderato,  
Moderato,  
Moderato,  
medium ...*

*Allegro*



*Allegro,  
Allegro,  
Allegro is  
fast...*

**Presto!**



*Presto, presto,  
very fast!*

*Presto, presto,  
very fast!*

*Presto, presto,  
very fast!*

# Chester

To the tune of  
Yankee Doodle



Oh, Chester have you  
heard about Harry.  
Just got back from the  
Army.  
I hear he knows how to  
wear his clothes.  
Hip Hip Hooray for  
the Army!



Oh, **Chester** have you  
**heard** about **Harry**?

Just got back from the  
Army.

I hear he knows how to  
wear his clothes.

Hip Hip Hooray for  
the Army!



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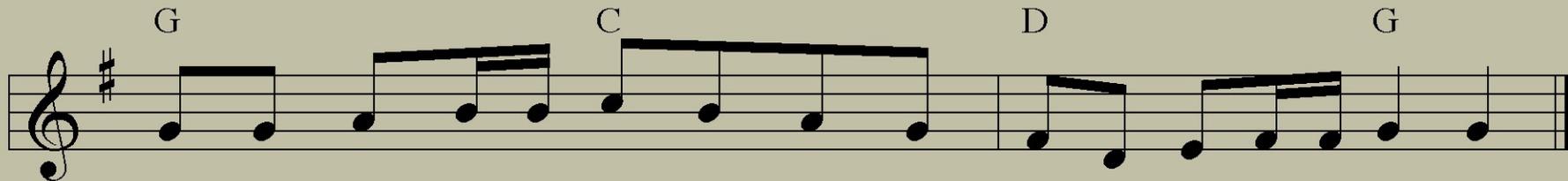
# Chester

4 bar intro *adagio~moderato~allegro~presto*

Traditional



Oh, Ches-ter have you heard a-bout Har-ry, just got back from the ar-my? I

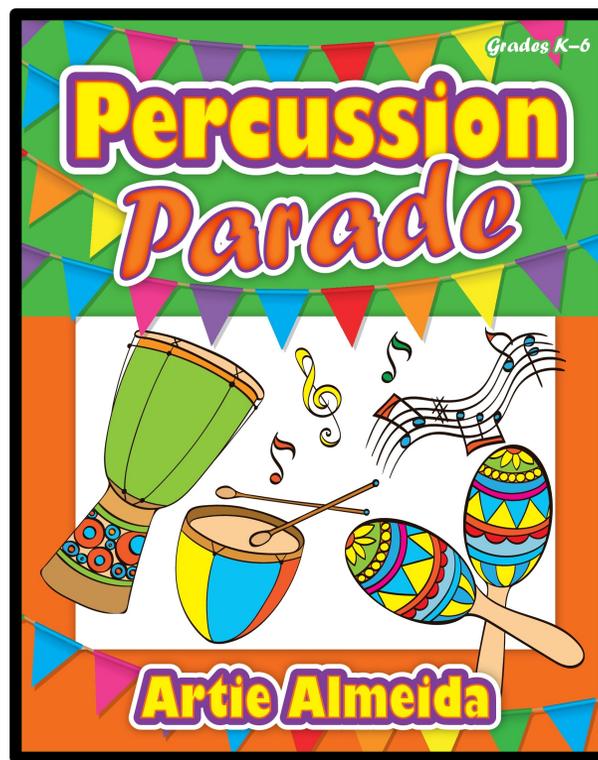
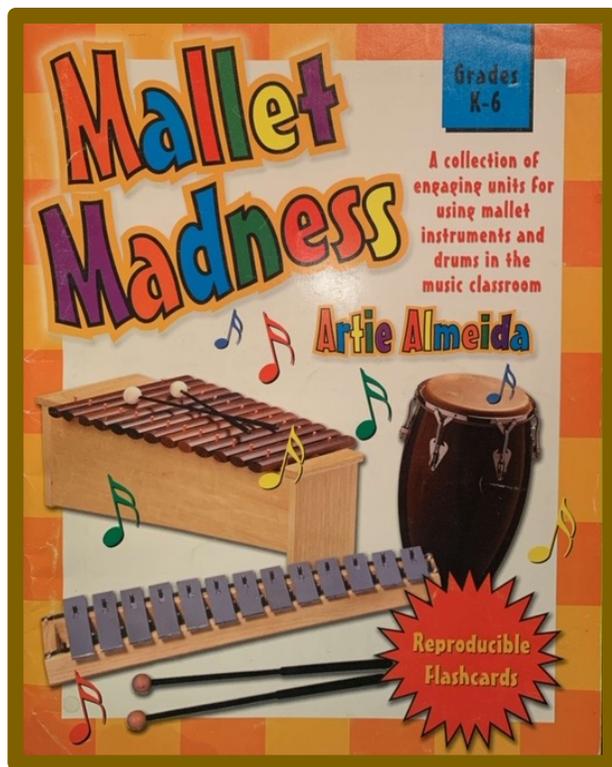


hear he knows how to wear his clothes, Hip hip hoo-ray for the ar-my!



# **CRAZY EIGHTS!**

**A PHRASE LESSON FOR  
NON-PITCHED-PERCUSSION,  
DRUMS OR  
MALLET INSTRUMENTS**

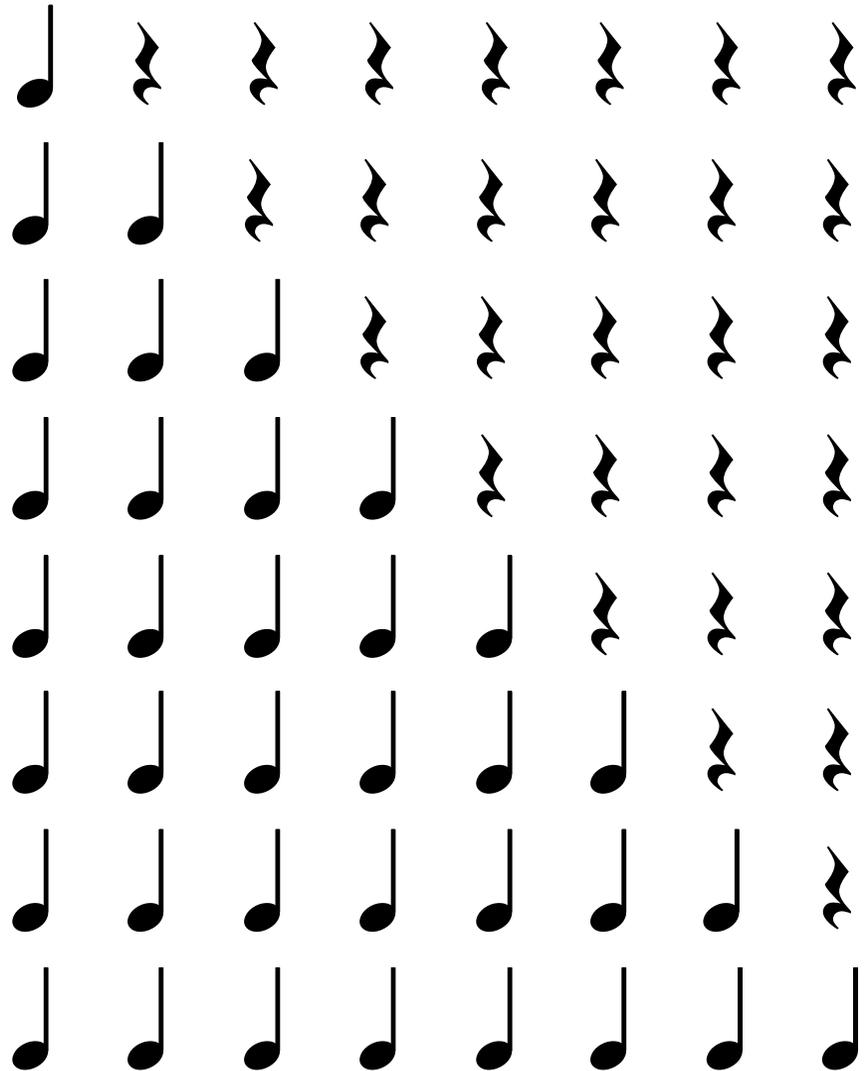




QUARTER  
NOTE



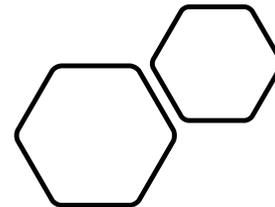
**QUARTER  
REST**



**CRAZY**



**S**



**REVERSE!**

**CRAZY**



**S**

## Crazy 8s Lesson Cues

### CRAZY 8s

1. “Quarter Note” (echo) “One beat of sound” (echo)
2. “Quarter Note one beat of sound” (echo)
3. “Quarter Rest” (echo) “One beat of silence” (echo)
4. “Quarter Rest one beat of silence” (echo)
5. We’re going to talk about phrases today . . .  
“A phrase is a musical sentence. Can you echo me?”
6. Let’s count some 8-beat phrases together . . .  
“1-2-3-4-5-6-7-8 . . . 1-2-3-4-5-6-7-8 . . .”
7. “Okay, please put your hands behind your back while I perform a piece for you called *CRAZY 8s*.”
8. Who can describe for me what I just did?

IT IS DIFFICULT FOR THE STUDENTS TO DESCRIBE IT IN WORDS! 😊 Usually they just do what I did . . .

9. PLEASE JOIN ME IN PERFORMING CRAZY 8S! 😊  
(Lip Sync the #s and rests!)

### 10.DISPLAY SCORE OF CRAZY 8s PIECE!!!

10. OKAY – grab a percussion instrument and lets’ play!
11. In the classroom – march in a circle, stepping/playing
12. NOW – let’s bump it up a bit with **REVERSE CRAZY 8s**  
(First all 8 beats, then the first 7, then 6, etc)
13. FINAL CHALLENGE – **CRAZIER 8s!**
  - a. (Just 8s, then 7+8)

**POP TOOB!**

**CRAZY**



**S**

**HAND DRUM!**

**CRAZY**



**S**



**MOVIN &  
GROOVIN!**

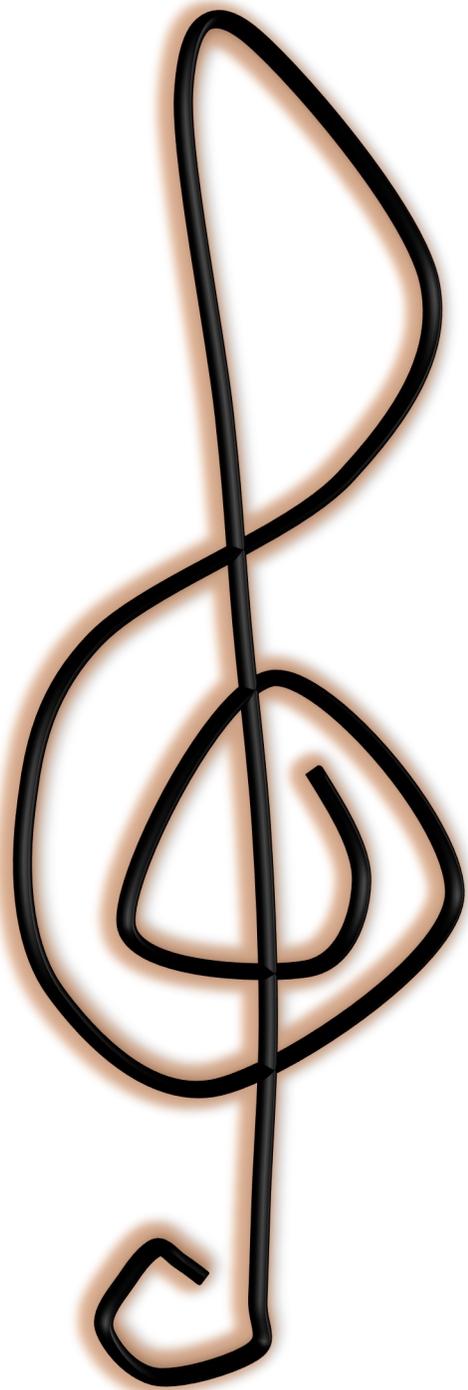


**CRAZY 8s**

**ORFF-Y**



**S**



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# Engine, Engine Number 9

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# ENGINE, ENGINE #9

## RHYTHM PICTURE POINTING PAGE

 [No Title]			
<b>En-gine</b>	<b>en-gine</b>	<b>num-ber</b>	<b>nine,</b>
			
<b>Go-ing</b>	<b>Down Chi-</b>	<b>ca-go</b>	<b>line.</b>
			
<b>If the</b>	<b>train goes</b>	<b>off the</b>	<b>track,</b>
			
<b>Will I</b>	<b>get my</b>	<b>mon-ey</b>	<b>back?</b>

# ENGINE, ENGINE #9

## RHYTHM NOTATION POINTING PAGE

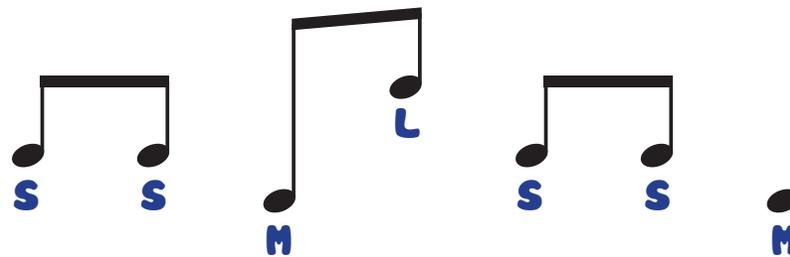
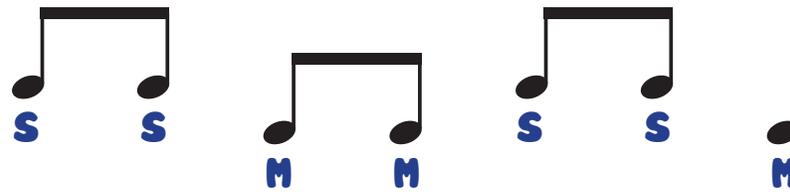
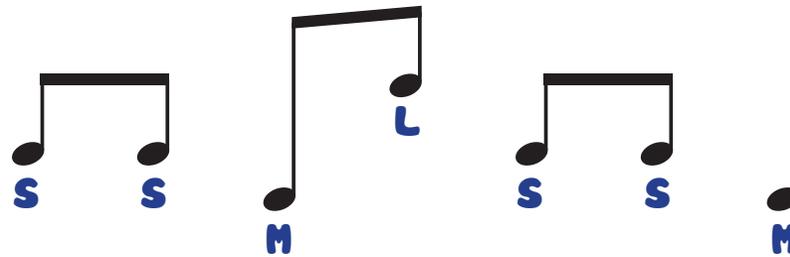
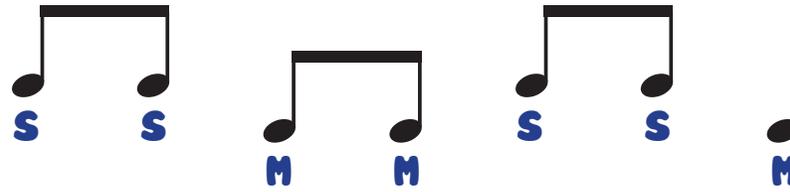
1. Sing the words and clap the rhythm. Follow the  and the  above the words.

 <b>En-gine</b>	 <b>en-gine</b>	 <b>num-ber</b>	 <b>nine,</b>
 <b>Go-ing</b>	 <b>down Chi-</b>	 <b>ca-go</b>	 <b>line.</b>
 <b>If the</b>	 <b>train goes</b>	 <b>off the</b>	 <b>track,</b>
 <b>Will I</b>	 <b>get my</b>	 <b>mon-ey</b>	 <b>back?</b>

2. Clap and sing the rhythm syllables. Say "ta" for every . Say "ti-ti" for every pair of .

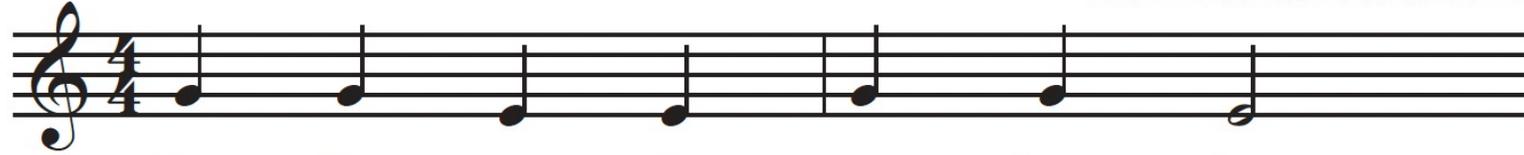
# ENGINE, ENGINE #9

## SOLFÈGE NOTATION POINTING PAGE

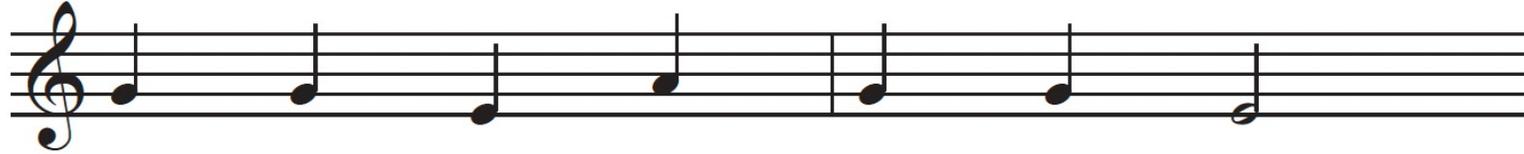


# ENGINE, ENGINE #9

STAFF NOTATION POINTING PAGE



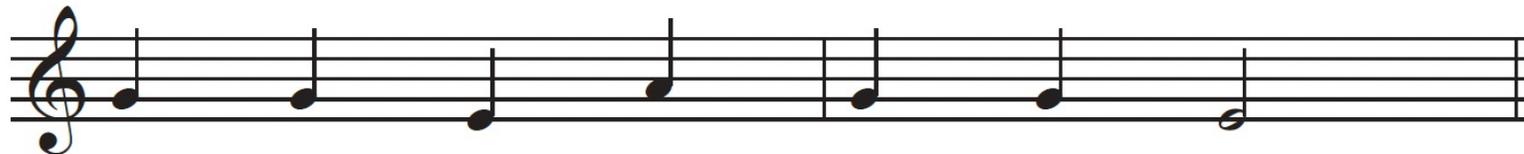
En - gine, en - gine num - ber nine.



Go - ing down Chi - ca - go line.



If the train goes off the track,



will I get my mon - ey back?



**TRAIN DERAILMENT !**

# OATS, PEAS, BEANS

MELODY PICTURE POINTING PAGE

and

---

and

---

Do you or I or anyone . . . . . know, how

---

and

# OATS, PEAS, BEANS

A body percussion and instrument challenge!

Suggested Grade Levels: 2-3

## Focus

- ✦ Melodic Direction
- ✦ Audiation
- ✦ Body Percussion

## Materials

- ✦ Class set of pointing pages (see page 48)
- ✦ Pointing devices (optional)
- ✦ Non-pitched percussion

Oats, peas, beans, and bar - ley grow. Oats, peas, beans, and bar - ley grow. Do  
you or I or an - y - one know, how oats, peas, beans, and bar - ley grow?

## Instructional Steps

### Melody Picture Pointing Page

1. Sing the song for the children, showing each of the four phrases by moving your hand and arm in an arc from one side of your body to the other.
2. Direct the children to close their eyes and listen while you sing the song a second time.
3. Ask the children to open their eyes, sing with you, and show the phrase lines.
4. Ask the children the following questions:
  - ◆ How many phrases are in the song?
  - ◆ Do any of the phrases have the same words?
  - ◆ Which phrase has different words from the rest?
5. Sing the song once more, listening to confirm the children's answers to the questions.
6. The third phrase can be challenging. Isolate this phrase and teach it by rote. Then, have the students sing the third phrase while you sing the first, second, and fourth phrases.
7. Switch jobs, with you singing the third phrase while the students sing the others.
8. Display the Melody Picture Pointing Page and sing the song again as a class while you point to the images on the page.
9. Distribute copies of the Melody Picture Pointing Page to your students, along with pointing devices, if you wish.
10. Have the students point to their page while singing the entire song together as a class.
11. Choose four students to be soloists and assign each one a phrase to sing by themselves while the rest of the class audiates (sings in their head) the song. Consider having the soloists come up front with their pointing pages to sing and point during their turns.
12. Repeat this activity with four new soloists, and then divide the class into four groups to sing the piece in the same fashion.
13. Pair up the students, assigning one to be the pointer and another to sing while clapping the rhythm of the piece. Two students will share one pointing page for this activity. When they are done, tell the students to trade jobs and repeat.

### Body Percussion Activity

1. Instruct the students to once again look at the recurring patterns on their pointing pages (you may choose to project a digital image of the page for this portion of the lesson). Have the students add a snap on the word "oats" as the class sings again.
2. Continue singing the song three more times, adding more body percussion sounds on each word, as listed below. As you add more body percussion, slow the tempo a little so that the students will have more success. Once they have practiced a few times, return to the original tempo.
  - ◆ First singing: Snap on "oats"
  - ◆ Second singing: Add a clap on "peas"
  - ◆ Third singing: Add a pat on "beans"
  - ◆ Fourth singing: Add stamps on "barley grow"
3. Once the body percussion is established and the students have practiced it a few times, divide the class into four groups. Each group should sing and perform the body percussion for their words only. You can sing the third phrase and the "ands." Fun!
4. For the final body percussion challenge, instruct the entire class to perform all of the body percussion parts while audiating the song.

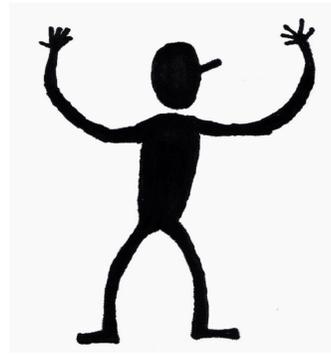
### Non-pitched Percussion/Audiation

1. Working again with four groups of students, assign each group a word and a non-pitched percussion instrument. Perform the song with all of the students singing while they play. You can use the instruments suggested below or choose your own.
  - ◆ Oats: Rhythm Sticks
  - ◆ Peas: Maracas
  - ◆ Beans: Triangles
  - ◆ Barley grow: Drums
2. Eliminate the singing one phrase at a time, until the only words being sung are "Do you or I or anyone know how ..."



Non-pitched percussion transfer

**LET'S FOCUS ON LONG AND SHORT  
PHRASES WITH ...**



**THE FREEZE GAME!**

Introduction – 8 measures

A

Move for two measures/Freeze for two measures (four sets)

B

Move–move-move-move-freeze (four sets)

A

Move for two measures/Freeze for two measures (four sets)

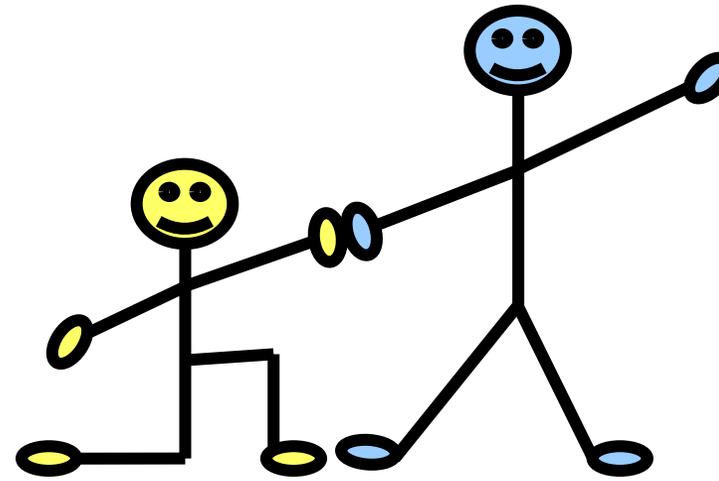
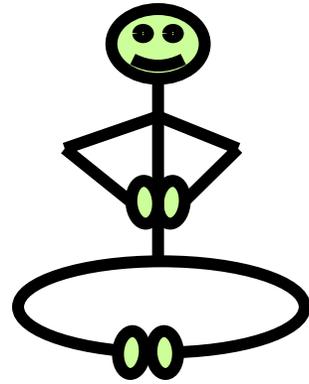
B

Move–move-move-move-freeze (four sets)

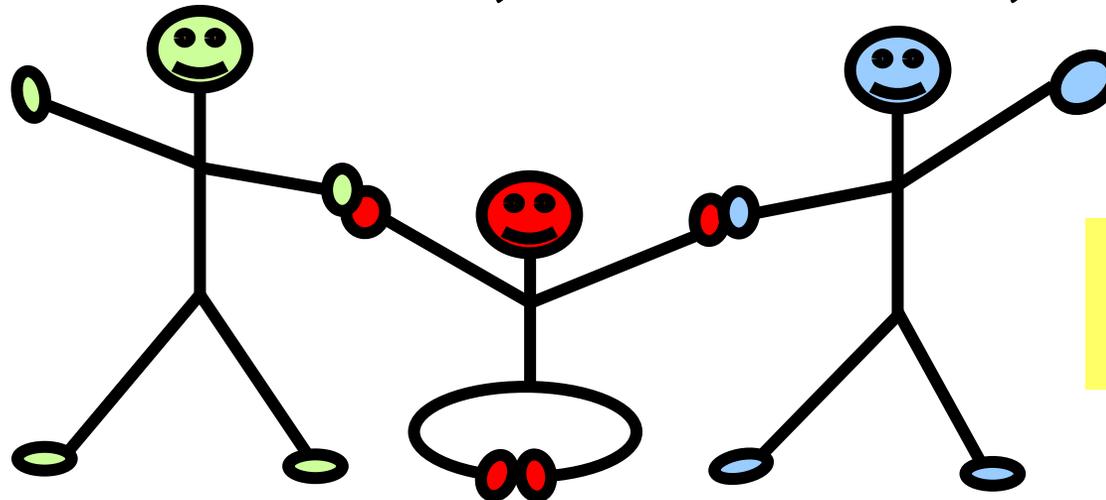
A

Move two measures/Freeze two measures (4 sets) – **FREEZE!**





# Stick Figure Mirroring Activities: Individuals, Partners, and Trios



Created by  
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# Artie's Teaching Resources

## Woods, Metals, Shakers, Skins

*Hoop Group Activities for Your Active Music Room*

## Percussion Parade

*The Wonderful World of Non-Pitched Percussion*

## Artie's Affirmations

*21 Educational and Inspirational Posters for Every Music Classroom*

## Adventures with the Orchestra

*A complete instructional unit to bring the orchestra to your students*

## KidStix

*Rockin' Repertoire for Rhythm Readiness*

## Music Madness!

*Totally Terrific Interactive Games*

## Get to the Point!

*A Collection of Pointing Pages and Powerful Plans*

## Parachutes and Ribbons and Scarves, Oh My!

*Listening Lessons with Movement Props*

## Mallet Madness Interactive CD-ROM and Mallet Madness Strikes Again!

*Interactive CD-ROM  
SMART and Promethean editions of whiteboard lessons with PowerPoint materials to support your favorite resources*

## Mallet Madness

*A collection of engaging units for using mallet instruments and drums in the music classroom*

## Mallet Madness Strikes Again!

*A collection of engaging units for mallet instruments and drums*

## Recorder Express

*Soprano Recorder Method with CD*

## Proficiency Packs

*Each pack includes 30 student cards on brightly colored, sturdy card stock and a teacher's guide*

- #1—Rhythm Rockets
- #2—Sneaky Snake (vocabulary)
- #3—Beat Strips and Rhythm Markers
- #4—Doggone Dynamics
- #5—Melody Mice
- #6—Percussion Discussion (with CD)
- #7—Mood Meters (with CD)
- #8—Ensembles for Everyone (with CD)
- #9—Style Dials (with CD)
- #10—Super Singers (with CD)

## Artie's Jazz Pack

*CD included • Games and Activities for Teaching About Jazz in the Classroom*



Artie Almeida



## About the Clinician

Dr. Artie Almeida has 37 years of public-school teaching experience and was the music instructor at Bear Lake Elementary in the Orlando FL area, where she taught 1200 K-5 students. Her dynamic performing groups have performed for hundreds of audiences, including AOSA, FMEA, Walt Disney World, and on the NBC Today Show.

Artie's accolades include Florida Music Educator of the Year, Runner-Up for Florida Teacher of the Year, International Educator 2006 (Cambridge UK Biographical Society), school level Teacher of the Year six times, Seminole County Teacher of the Year, and University of Central Florida Alumni of the Decade.

Artie is included in the publications Who's Who in American Education and Great Minds of the 21<sup>st</sup> Century.

Artie was an adjunct professor of music education at the University of Central Florida for 34 years, the saxophone instructor at Valencia State College, the music and movement instructor at Seminole State College and a saxophone performer and instructor. Additionally, she performs early music on woodwinds with Ars Antiqua and the Halifax Consort.

Artie presents music education symposia throughout the world and her 30 publications celebrate innovative delivery systems for K-5 music instruction. Heavy Academics: Delivered Joyfully!

Contact Artie at [musicja@me.com](mailto:musicja@me.com)

Refer to the following page for a list of Artie's Teaching Resources.